BENTOS & BOWLS

OUR NEW BENTO BOXES, OFFER AN EASY AND QUICK WAY TO ENJOY YOUR LUNCH RIGHT AT YOUR DESK, WITHOUT THE FUSS.

1 – PANEER TIKKA MASALA BENTO (V) – £11.99

SERVED WITH PULAO RICE, YOGURT MINT DIP AND SALAD Allergens - Lactose, Lupin, Mustard, Cashews

2 - CREAMY MUSHROOM PASTA BENTO (V) - £11.99

SERVED WITH GINGERED BROCCOLI, GARLIC BREAD AND TOMATO BASIL SALAD Allergens - Cereals, Gluten, Dairy, Sulphite

3 - VEG HAKKA NOODLES BENTO (V) - £11.99

SERVED WITH VEG SPRING ROLL, CHILLI POTATO AND KIMCHI Allergens - Soya, Cereals, Gluten, Sulphite

4 - TANDOORI CHICKEN FILLET BENTO - £11.99

SERVED WITH PULAO RICE, YOGURT MINT DIP, MEAT SAMOSA AND SALAD Allergens - Mustard, Dairy, Cereals, Gluten, Sulphite, Lupin

5 - BUTTER CHICKEN CURRY BENTO - 11.99

SERVED WITH PULAO RICE, MEAT SAMOSA, YOGURT MINT DIP AND SALAD Allergens - Mustard, Lactose, Lupin, Cashews, Dairy, Cereals, Gluten

6 - CHILLI CHICKEN BENTO - £11.99

SERVED WITH CHICKEN SPRINGROLL, VEG FRIED RICE AND SALAD Allergens - Soya, Sulphite, Cereals, Gluten

7 - CHICKEN ARRABBIATA PASTA BENTO - £11.99

SERVED WITH SAUTEED MUSHROOMS, GARLIC BREAD, AND TOMATO BASIL SALAD Allergens - Cereals, Gluten, Dairy, Sulphite

8 - KATSU CHICKEN BENTO - £11.99

SERVED WITH HERB RICE, VEG SPRING ROLL AND KIMCHI Allergens - Gluten, Cereals, Sulphite, Sesame, Soya, Celery

9 - CHICKEN HAKKA NOODLES BENTO - £11.99

SERVED WITH CHICKEN SPRINGROLL, CHICKEN 65 AND KIMCHI Allergens - Soya, Cereals, Gluten, Sulphite, Egg

10 - CORIANDER AND MINT CHICKEN FILLET BENTO - £11.99

SERVED WITH TOMATO RICE, CHICKEN 65, YOGURT MINT DIP AND SALAD Allergens - Dairy, Cereals, Gluten, Sulphite, Soya

1 - TERIYAKI POKE BOWL CHICKEN OR TOFU (V) - £11.99

SERVED WITH STICKY RICE, CARROTS, CUCUMBER, PEAS, CILATRO & SAUCE Allergens - Celery, Sesame, Soy

2 - GOCHUJANG POKE BOWL CHICKEN OR TOFU (V) - £11.99

SWEET & SPICY GOCHUJAN SERVED WITH JASMINE RICE, CUCUMBER, SPRING ONION, SNOW SLAW Allergens - Wheat, Egg, Mustard, Sulphite

3 - PERI-PERI QUINOA SALAD BOWL CHICKEN OR TOFU (V) - £11.99

QUINOA, ROAST BELL PEPPERS, RED ONION, MIXED GREENS, DRESSING Allergens - Mustard, Sulphite

4 - ZATAR ROAST VEG & CHICKPEA SALAD BOWL CHICKEN OR TOFU (V) - £11.99

MIXED GREENS, ROASTED CAULIFLOWER, TOMATO, CUCUMBER, ONION, DRESSING Allergens -Lupin, Sulphite

ORDER BY 3 PM FOR NEXT DAY DELIVERY

For a detailed list of allergens, please contact us before ordering. All our meals are prepared in a kitchen where nuts are present. We cannot rule out the possibility of cross contamination. All chicken, lamb and beef used is hala!

















































